

# Run Like Goose

## 5K & 1-Mile Run/Walk

*Benefits Grief & Trauma Recovery through Live Like Goose*

Sunday, August 11, 2019

Almaden Lake Park

San Jose, CA



7:30 AM Race Day Registration Opens and 9 AM Race Start

**Register online:** <https://runlikegoosesanjose.itsyourrace.com/>

*Or use this application form:*

|                                   |                              |        |               |
|-----------------------------------|------------------------------|--------|---------------|
| Last Name                         | First Name                   | Gender | Age           |
| Address                           | City                         | State  | Zip           |
| Phone Number                      | Email Address (Please Print) |        |               |
| T-Shirt Size (Please circle one): | Small                        | Medium | Large X-Large |

*Fees:*

### 1-Mile

Individuals ages 12 & Under: Early Registration - \$20 or Race Day \$25

Individuals ages 13 & Over: Early Registration - \$30 or Race Day \$35

### 5K

Individuals ages 12 & Under: Early Registration - \$25 or Race Day \$30

Individuals ages 13 & Over: Early Registration - \$35 or Race Day \$40

**\*\* For an additional \$10 you can run both the 1-Mile & 5K \*\***

*Fees include custom T-shirts, coffee, refreshments, and awards ceremony!*

*Make checks payable to: Live Like Goose Send this application to: On Your Mark PO Box 1199 Arnold, CA 95223*



This event benefits Grief & Trauma Recovery through the non-profit organization Live Like Goose 501(c)(3) EIN #82-5376182

Live Like Goose offers education, direct services, and advocacy: trauma-informed teacher training & restorative justice programs in our local high schools and juvenile hall system. For more information please go to: [www.livelikegoose.org](http://www.livelikegoose.org)